



Mobilisation of the Nervous System

A TWO-DAY INTERACTIVE SEMINAR

This classic lecture and practical course, now in its 20th edition and updated every 6 months, continues to be extremely popular worldwide. Registration is open to registered medical practitioners, physiotherapists and occupational therapists. (Regional registration requirements may exist.) All NOI courses are supported by quality workbooks, graphics and post course follow up.

We use modern pain sciences to provide a clinically relevant understanding of the physical health issues of the entire nervous system. This means consideration of the molecular and homuncular targets of our therapy. We integrate this knowledge using a clinical reasoning framework and advanced manual assessment and management options. Skilled reasoning is evidence based medicine at its best.

Neurodynamics is a new science. This course offers a fresh understanding and management strategies for common syndromes such as plantar fasciitis, tennis elbow, nerve root disorders, carpal tunnel syndromes and spinal pain. Innovative management tools involve conservative decompression of nerves, various neural mobilising techniques and the new patient education techniques which emerge from neurodynamics and pain sciences.

COURSE PROGRAM

DAY ONE: 8.30am - 5pm

Registration 8.30-9.00
A Neuro Orthopaedic approach
Pain update
Palpation of nervous (p)
Neurodynamics
Straight Leg Raise and derivatives (p)

Slump Test and derivatives (p)
Femoral Nerve Test and derivatives (p)
Issues in the Tissues

DAY TWO: 9am - 4pm

Zings and zaps from nerves
Central pain mechanisms
Upper Limb Neurodynamic tests (p)
Immune, endocrine, motor, autonomic response systems
Analysis of tests
Precautions and contraindications
'Jazzy' technique session
Management guidelines via patient examples
(p = practical)

DAVID BUTLER M. App. Sc. PT

An internationally recognised author, lecturer and instructor, David's texts include Mobilisation of the Nervous System, The Sensitive Nervous System, and Explain Pain co-authored with Dr Lorimer Moseley.

In Canada, this course is taught by the following NOI faculty:

LAURIE URBAN BPT, FCAMT, Dip Sports Phys

A partner at the Sports Physiotherapy Centre in the Pan Am Clinic in Winnipeg, Laurie is also an accredited instructor and national examiner within the Orthopaedic Division of the Canadian Physiotherapy Association. Laurie has assisted and taught with David Butler on numerous courses throughout Canada, and is a principal instructor of this course.

SAM STEINFELD BSc, BMR (PT)

Sam practices at the Sports Physio Centre in Winnipeg, is a guest lecturer at the University of Manitoba School of Physiotherapy and physiotherapy consultant to Canada's Royal Winnipeg Ballet. Sam has assisted and taught NOI courses in Canada since 1997, and is a principal instructor of this course.

COURSE DETAILS

March 3-4, 2012

East Toronto Orthopaedic & Sports Injury Clinic, Toronto, Ontario

www.easttorontophysiotherapy.com

david@mytorontophysio.com

Cost: \$475+ HST = \$536.75

(includes workbook, web support, HST)

Registration is open to registered medical practitioners and allied health professionals. Appropriate qualifications and experience are applicable, check with your course host.

TO REGISTER:

FAX application and VISA/MC

or

Mail cheque & application

payable to:

East Toronto Orthopaedic & Sports Injury Clinic

Attn: course admin

1577 Danforth Ave. #4,

Toronto, Ontario M4C 1H7

Fax: 416 691 4755

Cheques may be postdated to

February 1st 2012

PLEASE PRINT CLEARLY

Confirmation by email only

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Professional designation: _____

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